

Bruise ProColoring by Mehron





Step 1. - New Trauma Bruise

Using the Mehron Bruise ProColorRing and a sponge, apply a small amount of "Bloody Rose" color to the desired area and blend outward. For the most realistic effect, keep the color and shape uneven since blood doesn't spread evenly around

fatty tissue. This will give the appearance of the point of impact.

Step 2. - A Few Hours Old

Apply "Burnt Maroon" color to the center of the bruise area and blend outward. Always leave the center darker. To achieve the uneven color you need, use a stippling or patting motion with your sponge.



Step 3. - At 24 Hours

After blending the "Burnt Maroon" towards the outside of the area, apply "Midnight Sky" color to the center. You may also apply some "Midnight Sky" along the outer edges since there may be additional bruising in this area. Remember blood spreads

unevenly throughout the injured tissue.





Step 4. - 3-Day-Old Bruise

As the bruise begins the healing process, the color will become more greenish in hue. Apply "Olive Green" color to the edges and blend towards the center, since the outer areas heal sooner.

Step 5. - 5-Day-Old Trauma

Older bruises appear yellowish on the outer edges, gradually turning greenish towards the center (the impact point). Use "Maize Yellow" color for the outermost edges of an older bruise, "Olive Green" towards the center and "Midnight Sky" blended into the very center.



Broken Nose

Follow steps 1 – 5 to create a bruised and swollen area around the nose. Leave a flesh colored area in the middle to create the illusion of puffy, swollen tissue.

Abrasions

Abrasion effects can be made by using a small amount of “Bloody Rose” color on a stipple sponge and lightly dragging the sponge across the skin in random streaks. A little “Midnight Sky” color may be added to give the appearance of dirt or pavement.



Professional Tips

Coagulated Blood or 3-D Gel Blood can be added for a “weepy” wound look. With a small brush, make thin lines of blood on top of the drag marks. If you use the 3-D Gel, start with a small drop at the bottom of the mark and draw the line upward. After the Gel cools, it will stay in place. This will make the wound appear to have fresh blood oozing from it.



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